# Champ Show Menu

Must be prepaid with entries, or contact btmcv@y7mail.com.au by 21 April, 2023. All meals come with bottle of water and utensils.

#### Lunch Grazing <u>Box \$26</u>

Two rolls, two tubs of salad (pasta/garden), a sweet muffin, and selection of snacks including fresh fruit, sweets and mini chocolates. Enough for two!





### Lunch Box \$18

Contains one meat and salad roll or wrap (choice of ham or roast chicken), a sweet muffin and a selection of snacks including fresh fruit, sweets and mini chocolates. Please email with roll/wrap preference

### Roasted Vegetable Salad with Couscous Bowl - \$14



A salad of seasonal roasted vegetables on top of butter lettuce, rocket and spinach leaves with couscous tossed throughout. Vegetarian.



## Cold Chicken Salad Bowl - \$15

A salad of roasted chicken breast portions with butter lettuce, rocket and spinach leaves with cucumber, red onion, roasted capsicum and roasted pumpkin.